

SCAVENGER

HUNT

FREE

**FUN COMMUNITY
CHALLENGE**

WIN 30 A DAY MEMBERSHIP
(1 Adult - 30 Day Pass)

DISCLAIMER

Before endeavoring on any fitness or physical activity be sure to consult with your doctor and use your best judgment on movements.

All movements are recommendations and your limitations and abilities need to be considered prior to attempting.

Stop all physical activity if you feel pain or discomfort and consult your physician.

Go Fitness is not liable for any injury or illness from physical activity or participation in event.

INFO AND RULES

Rules

- No rules - run/walk/bike/jog.
- Go to each challenge and complete.
- Take your kids/ dog / family / friends.
- Explore our town and be active!
- Stop in to one of our local business for food or shopping and LOVE our Town.
- Be Safe and Healthy - Give Space and Share Happiness

**WIN A 30 DAY
MEMBERSHIP**
(1 Adult - 30 Day Pass)

Contest Closed
Sept 20th @ NOON

Prize Draw

Complete all challenges - Enter your name on your form

Drop COMPLETED FORM in our mailbox to enter to win.

OR

Email scanned form to info@gofitnesstraining.com

2ND Entry to Win

SOCIAL MEDIA POST - WITH YOU
DOING 1 OF THE CHALLENGES
GET CREATIVE

COMMUNITY FITNESS CLUES

FREE FUN CHALLENGE



#2 With a Heart of a LION make sure to **PARK** yourself here and get fit!

#4 Sprint to this Iconic BRIDGE the gap of your fitness goals!

#6 You are DIAMOND in the rough but lucky number 7 will show you the way!

#8 GO back to where the fitness begins

Name: _____

Prize Draw

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